



# November 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<b>1 Hairdresser</b> 9:00-11:30 Personal Touch Fashions 1:00 St. Matthew Church 1:30 Babbling Brook Review & Resident Council Meeting 3:00 Fun with Ipads 'Learn Something New' 7:15 Stony Plain United Church Service & Choir	<b>2 Hairdresser</b> 9:00 St. John Church 10:30 Horse Racing 1:00 Bingo 2:00-4:00 Stony Plain United Recreated Cards	<b>3 Hairdresser</b> 9:15 Tai Chi 10:30 Yoga 1:30-4:30 Emergency Pendant Testing & Battery Replacement 7:00 CPS Singers	<b>4</b> 1:30 Movie 'Black Beauty'  Set Your Clocks 'Back One Hour' Before Retiring For The Evening  6:00 Hymn Sing
<b>5</b>  Daylight Savings 'Fall Back'  1:30 TV Classic: Dr. Quinn Medicine Woman Episode: Father's Day	<b>6</b> 9:30 M&M Health Check 10:30 Fireside Reading 'Yukon Lady' 1:00 Alberta Symphony Orchestra Performance 3:00 TV Classic: Carol Burnett with Bing Crosby	<b>7</b> 9:15 Tai Chi 10:30 Yoga 1:00 Queen of Spades	<b>8 Hairdresser</b> 10:30 Bean Bag Bowling 1:00 Golf Card Game 6:00 Crib with Oliver	<b>9 Hairdresser</b> 10:30 Holy Trinity Church 11:00 Remembrance Ceremony 1:00 Bingo	<b>10 Hairdresser</b> 9:15 Tai Chi 10:30 Yoga 2:00-4:30 Zyp Gallery Art Class	<b>11</b>  Remembrance Day 1:30 Movie 'The Courageous Heart of Irena Sendler' 6:00 Hymn Sing 'Wear Red'
<b>12</b> 1:30 TV Classic: Dr. Quinn Medicine Woman Episode: Bad Water	<b>13</b> <i>New Beaver Moon</i> World Kindness Day In Lieu of Remembrance Day Office Closed 1:30 Movie 'The Wizard of Oz'	<b>14</b> 9:15 Tai Chi 10:30 Yoga 1:00 Sing-a-Long with Joanne Peterson 3:00 TV Classic: I Love Lucy Episode: Lucy Goes to Alaska	<b>15 Hairdresser</b> 10:30 Shuffle Board Bowling 1:00 Golf Card Game	<b>16 Hairdresser</b> 10:30 Rendever Experience 'Walking with Penguins, Nutcracker Ballet Rehearsal, Banff National Park' 1:00 Bingo 3:30 Stony Plain Library Book Selection	<b>17 Hairdresser</b> 9:15 Tai Chi 10:30 Yoga 1:30 Four Guys with Guitars	<b>18</b> 1:30 Movie 'Baker's Hawk' 6:00 Hymn Sing
<b>19</b> 1:30 TV Classic: Dr. Quinn Medicine Woman Episode: The Great American Medicine Show	<b>20</b> 8:30 Zita's Pedicure & Massage 9:30 M&M Health Check 10:30 Fireside Reading 'Yukon Lady' 1:30 Armchair Travel 'Vietnam'	<b>21</b> 8:30 Zita's Pedicure & Massage 11:00-4:30 River Cree Casino 1:30 Movie 'Stop! Or My Mom Will Shoot'	<b>22 Hairdresser</b> 9:30 St. Andrews Church 10:30 Bean Bag Bowling 1:00 Golf Card Game 6:00 Crib with Oliver	<b>23 Hairdresser</b> 10:30 Holy Trinity Church 1:00 Bingo 7:00 High Hopes Birthday Celebration & Sing-a-Long	<b>24 Hairdresser</b> 9:15 Tai Chi 10:30 Yoga 1:30 Mountain Sapphire	<b>25</b> 1:30 Movie 'When Calls the Heart Lost & Found'  6:00 Hymn Sing
<b>26</b> 1:30 TV Classic: Dr. Quinn Medicine Woman Episode: A Cowboy's Lullaby	<b>27</b> <i>Full Beaver Moon</i> 10:30 Fireside Reading 'Yukon Lady' 1:00 Whist	<b>28</b> 9:15 Tai Chi 10:30 Yoga 1:00 Queen of Spades	<b>29 Hairdresser</b> 10:30 Shuffle Board Bowling 2:00 Africa Trivia & Happy Hour 3:00 Fun with Ipads 'Refresher Q&A'	<b>30 Hairdresser</b> 10:30 Horse Racing 1:00 Bingo		